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North Dakota State University
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Education

Doctor of Philosophy (Ph.D.) in Counselor Education and Supervision (CACREP Accredited)

Kent State University, Kent, OH

Dissertation: Three Women's Reflections of Their First Year as Tenure Track Counselor Education Faculty Members.

August 2005

Master of Arts (M.A.) in Counseling and Psychology in Education (CACREP Accredited)

Emphasis: Community Agency Counseling

University of South Dakota, Vermillion, SD

July 1998

Bachelor of Arts (B.A.)

Majors: Psychology and German, Minor: Political Science

University of South Dakota, Vermillion, SD

August 1994

Friedrich Schiller Universität, Jena, Germany

Completed junior year of college at this Eastern German University.

October 1992-July 1993

Licenses and Certification

- **National Certified Counselor (NCC)** 52614
- **Professional Counselor (PC)**, Ohio, 2003-2005
- **Licensed Professional Counselor (LPC)**, South Dakota 2000-2003

Professional Experience:

Teaching Experience:

North Dakota State University

Assistant Professor Tenure Track
 College of Human Development and Education
 School of Education, Counselor Education Program
 August 2005 – present

Fall 2005: CNED 711 - Counseling Theories
 Fall 2005: CNED 794B – Community Counseling Internship
 Fall 2005: CNED 712 – Dynamics of Self (Co-Instructor)
 Spring 2006: CNED 713 – Assessment Techniques
 Spring 2006 CNED 794 B – Community Counseling Internship

Kent State University

Teaching Fellow

Educational Foundations and Special Services.
 EDPF 29525: Inquiry into Teaching and Learning (two sections per semester).
 Fall 2003, Spring 2004, Fall 2004, Spring, 2005

CHDS 37800 / HED 34060: Small Group Process
 Fall 2001, Spring 2002, Fall 2002, Spring 2003

Co-Instructor

CHDS 6/77820: Group Work: Theory and Techniques. Course co-taught with Dr. Betsy Page.
 Spring 2003

CHDS 7/88166: Advanced Counseling Theories: Course co-taught with Dr. Marty Jencius.
 Fall 2002

Kent State University School Counseling Program in:
 College of the Bahamas, Nassau, Bahamas (Kent State Campus)
 CHDS 6/78128: Principles of Measurement and Appraisal. Course co-taught with Dr. Jason McGlothlin.
 Summer 2004

Kent State University School Counseling Program in:
 College of the Bahamas, Nassau, Bahamas.
 CHDS 6/77530: Individual Counseling Procedures. Course co-taught with Dr. Jason McGlothlin and Dr. Steve Rainey.
 Summer 2003

Youngstown State University

Adjunct Faculty

Youngstown State University, Youngstown, OH.
 Department of Counseling
 COUNS 6973: Group Counseling Theory and Practice
 Spring 2004

Clinical Experience:

Outpatient Therapist

Child Guidance Centers and Family Solutions, Cuyahoga Falls, OH, July 2003 – June 2005

- Provided counseling and therapeutic services on a fee-for-service, part-time basis. Assessed and provided individual counseling to children and adults. Provided couple and family therapy services. Agency is a community mental health center, serving the needs of children and adults.

Individual Program Manager

Psychiatric Rehabilitation Services, Hope Haven, Rock Valley, IA. June 2000-August 2001

- Provided support and case management services to adults with severe and persistent mental illness. Provided individual counseling and linked clients with resources within the agency and the community. Led and coordinated each individual's treatment team. Designed and implemented treatment plans to further facilitate recovery and adjustment to life with a mental illness.

Youth Counselor

Adolescent Psychiatric Program, Human Services Center, Yankton, SD. July 1998- June 2000

- Provided therapeutic services and supervision to 20 adolescents in an inpatient environment. Assessed and provided individual counseling, group therapy, discipline and redirection according to the individual child's needs and the safety of the unit. Offered family therapy and communication with parents regarding their child. Involved in a team approach to case management and carried out treatment planning according to agency policy.

Professional Publications and Grants

Research Grant

2004 ACES Research Grant: Awarded \$1,250.00 by ACES in support of dissertation research, entitled, "The experiences of women in their first year as tenure-track counselor education faculty members".

Technology Enhancement Grant

Award of \$2000 provided by Drake Counseling Services, Fargo, ND for enhancement of electronic equipment in Counseling Program Clinic.

Research Development Support Program (application under review)

Sommer, C. A., Hoheisel, C., & Nelson, J. R. (2005). Application submitted 10/2005 for research study of vicarious trauma and counselor supervision study.

Refereed (Non-Journal) Professional Article

Desmond, K. J., Rapisarda, C. A., & Nelson-Sayles, J. R. (2003, Spring). The meaning of professionalism: Reflections of three doctoral students. *ACES Spectrum*. Retrieved from http://www.acesonline.net/spectrum/new_page_7.htm

Refereed Publications in Progress

McGlothlin, J., Jencius, M., Page, B., Kerr, D., Bowling, T., Brown, D., Byrne, J., Cook, C., Dean, E., Desmond, K., Duba, J., Guillot Miller, L., Jones, J., Majzoub, O., Malinajdovska, L., Millman, A., Nelson, J., Osborn, C., Ott, K., Paez, S., Petruzzi, M., Rainey, S., Rapisarda, C., Rehfuss, M., Thompson, M., Wager, L., & Warren, J. (submitted/under review). Self-Produced Counseling Applications for Handheld Computers. *Journal of Counseling and Development*.

McGlothlin, J., Page, B., Jencius, M., Kerr, D., & Nelson, J. (In Progress). The integration of personal digital assistants in counselor education. *Counselor Education and Supervision*.

Presentations

National Presentations

Desmond, K. J., Kindsvatter, A., Majzoub, O., Rapisarda, C. A., & Nelson-Sayles, J. R. (2002). Professional Identity as Experienced by Five First-Year Doctoral Students. *Association for Counselor Education and Supervision National Conference*, Park City, Utah.

Desmond, K. J., Nelson, J. R., Rapisarda, C. A. (2005). Negotiating the way: The interview process (Roundtable). *Association for Counselor Education and Supervision National Conference*, Pittsburgh, PA.

Desmond, K. J., Rapisarda, C., Nelson-Sayles, J. R., Paez, S., & Majzoub, O. (2003). The journey from supervisee to supervisor. *American Counseling Association World Conference*, Anaheim, California.

McGlothlin, J., Jencius, M., Page, B., Desmond, K., Nelson-Sayles, J., Osborn, C., & Rainey, S. (2004). Integrating handheld computers into counseling: Practical applications. *American Counseling Association World Conference*, Kansas City, Missouri.

Nelson, J. R., Desmond, K. J., Rapisarda, C.A., & Greaser, T. (2005). Come play with us: Counseling children techniques for counselor educators. *Association for Counselor Education and Supervision National Conference*, Pittsburgh, PA.

- Osborn, C. J., Kindsvatter, A. & Nelson-Sayles, J. R. (2002). The reflective conversation: A dialogue for counselor supervision. *Association for Counselor Education and Supervision National Conference*, Park City, Utah.
- Rapisarda, C. A., Britton, P, Desmond, K. & Nelson, J. (2005). Sanctioned supervision: Ideas for counselor educators. *Association for Counselor Education and Supervision National Conference*, Pittsburgh, PA.

Regional Presentations

- McGlothlin, J., Page, B., Bowling, T., Malinajdovska, L., Nelson-Sayles, J., & Rapisarda, C. (2003). The newest tool in counselor education and supervision: Handheld computers. *North Central Association for Counselor Education and Supervision 2003 Conference*, Cincinnati, Ohio.
- Nelson, J.R., Desmond, K. J., & Rapisarda, C. A. (2004). Ethical dilemmas in counselor supervision: What would you do? *North Central Association for Counselor Education and Supervision 2004 Conference*, St. Louis, Missouri.
- Rapisarda, C. A., Desmond, K. J., & Nelson, J. R. (2004). The professional counselor: Working collaboratively in an interprofessional world. *North Central Association for Counselor Education and Supervision 2004 Conference*, St. Louis, Missouri.

State and Local Presentations

- Boughner, S. R., Logan, J., Nelson, J. R., Spawn, M. J., & Berger, N. (1997). Using art in the practicum experience. *South Dakota Counseling Association Annual Conference*, Rapid City, South Dakota.
- Desmond, K. J., Rapisarda, C. A., & Nelson-Sayles, J. R. (2003). The Journey from Supervisee to Supervisor. *Ohio Association for Counselor Education and Supervision: Supervision Summit*, Columbus, Ohio.
- Kindsvatter, A., Nelson-Sayles, J. R., & Bubbenzer, D. (2002). Narrative counseling: Releasing the unfulfilled futures of the past. *All Ohio Counselors Conference*, Columbus, Ohio.
- McGlothlin, J., Jencius, M., Page, B., Nelson-Sayles, J., & Paez, S. (2003). Integrating handheld computers into counseling: Practical applications. *All Ohio Counselors Conference*, Columbus, Ohio.
- McGlothlin, J. M., Rainey, S., Page, B., Dean, E. P., Desmond, K. J., Paez, S., Petruzzi, M., Rapisarda, C., & Nelson-Sayles, J. R. (2003). Supervision Practices Utilizing Handheld Technology. *Ohio Association for Counselor Education and Supervision: Supervision Summit*, Columbus, Ohio.
- Nelson, J. R., Hersch, J., & Jacobs, J. (2006- accepted). The revised ACA code of ethics: Reviewing the changes and updates. *North Dakota Counseling Association 2006 Midwinter Conference*, Bismarck, ND.
- Nelson, J. R., & Hoheisel, C. B. (2006- accepted). Time to play: Fun techniques for counseling children and adolescents. *North Dakota Counseling Association 2006 Midwinter Conference*, Bismarck, ND.

- Nelson-Sayles, J. R., Desmond, K. J., Majzoub, O., & Rapisarda, C. A. (2002). Reflecting teams in supervision. *Ohio Association for Counselor Education and Supervision: Supervision Summit*, Columbus, Ohio.
- Nelson-Sayles, J. R., Kindsvatter, A., & Bubenzer, D. (2003). Narrative counseling: Opening spaces for preferred realities. *North Central Ohio Counseling Association Winter Meeting*, Twinsburg, Ohio.
- Nelson-Sayles, J. R., Osborn, C. J., & Kindsvatter, A. (2003). Reflection in Supervision. *Symposium on Supervision*, Kent State University, Kent, Ohio.
- Nelson-Sayles, J. R., Petruzzi, M. L., & Rapisarda, C. A. (2004). Discrimination model: An interactive introduction. *Symposium on Supervision*, Kent State University, Kent, Ohio.
- Osborn, C. J., Kindsvatter, A. & Nelson-Sayles, J. R. (2002). Mutual puzzling: A dialogue for counselor supervision. *Ohio Association for Counselor Education and Supervision: Supervision Summit*, Columbus, Ohio.
- Paez, S., Nelson-Sayles, J. R., & Majzoub, O. (2002). Blending creativity and technology in counseling. *All Ohio Counselors Conference*, Columbus, Ohio.
- Sommer, C. A., Hoheisel, C. B., Nelson, J. R., Hannon, J. W., & Nielsen, R. C. (2006 – accepted). NDSU counseling program update. *North Dakota Counseling Association 2006 Midwinter Conference*, Bismarck, ND.

Professional Organizations

American Counseling Association (ACA)

- Association of Counselor Education and Supervision (ACES)
- Association for Specialists in Group Work (ASGW)

Chi Sigma Iota, Counseling Honor Society

North Dakota Counseling Association (NDCA)

Ohio Counseling Association (OCA), 2001-2005

- Ohio Association for Specialists in Group Work (OASGW)
- Ohio Association for Counselor Education and Supervision (OACES)

South Dakota Counseling Association (SDCA), 1996-2001

Professional Service

ACES:

- Membership Committee. 2002-present.

ASGW:

- Reviewer for 2005 ACA conference proposals
- Member, Professional Development Committee. 2003 – 2006

Chi Sigma Iota, KSU Chapter

- Co-chair Community Outreach Committee: 2002-present

OACES:

- Secretary: 2003-2004
- Secretary: 2002-2003

OASGW:

- Secretary, 2003-2005
- Membership Chair: 2002-2003

Professional Recognition

- Dr. David K. Brooks Jr. Professional Service Award (2004). Presented by the Counseling and Human Development Services Program, Kent State University.
- Certificate of Recognition for Outstanding Professional Involvement in South Dakota Counseling Association (SDCA). Awarded by SDACES, (1997).
- Awarded Graduate Student Scholarship by Association for Specialists in Group Work. (1997)
- International Gamma Phi Beta 4.0 Scholar
- Awarded Erwin M. Behrendt Scholarship for excellence in the study of German.