

END OF LIFE ISSUES



The Journey Through Caregiving



Factors that determine how you will handle grief

- The way your family handled grief in the past.
- Sources of support that you and/or your family sought to help with grief.
- Your relationship with the loved one who has passed away.



Factors that determine how you will handle grief, cont.

- Your ability to handle stressful experiences in life
- Your experiences with working through decisions regarding insurance and medical forms.
- Support from relatives and friends.



Common stages of grief

- Denial
- Depression
- Anger
- Isolation
- Bargaining
- Acceptance