

Caregiving Resources

Aging

ND AARP

Find out about the many ways AARP volunteers are a positive force in your community and how you can get involved!

<http://www.aarp.org/statepages/nd.html>

Aging Services of North Dakota

Provides programs and services to support older adults and persons with physical disabilities in their effort to live safely and productively in the least restrictive appropriate setting.

<http://notes.state.nd.us/dhs/dhsweb.nsf/ServicePages/AgingServices>

Senior Resource

Explanations about ways to assist elders to remain in their present home and receive at-home or community based services.

<http://www.seniorresource.com>

Final Thoughts; Life Planning Solutions

Life Planning Solutions in Healthy Living, Grief and Loss, Financial Planning, Caregiving and Funeral Arrangements.

<http://www.finalthoughts.com>

Lighthouse National Center for Vision and Aging

Lighthouse International is a leading resource worldwide on vision impairment and vision rehabilitation. Through its pioneering work in vision rehabilitation services, education, research and advocacy, Lighthouse International enables people of all ages who are blind or partially sighted to lead independent and productive lives.

<http://www.lighthouse.org>

Self Help for the Hard of Hearing

In fulfilling our mission to open the world of communication to people with hearing loss through education, information, support, and advocacy, SHHH offers several programs and services.

<http://www.shhh.org>

Winter Park Health Foundation

The Winter Park Health Foundation is a not-for-profit organization whose mission is to make a positive difference in people's lives by creating the healthiest community in the United States.

<http://www.wphf.org>

Alzheimer's

Alzheimer's Disease:

Caregivers Corner, Health Professionals, Patient Center, Disease Resource Kit.

<http://www.alzheimersdisease.com>

Alzheimer's Association

<http://www.alz.org>

Assistive Technology

ND IPAT (Interagency Program for Assistive Technology)

IPAT support people with disabilities who require assistive technology devices and/or services.

<http://www.ndipat.org>

North Dakota Association for the Disabled

The North Dakota Association for the Disabled is a nonprofit, charitable organization founded by concerned citizens for the purpose of assisting people with mental and physical disabilities in the state of North Dakota, many of whom are not eligible for services from other agencies.

<http://www.ndad.org>

Assistive Technology, Inc.

We provide innovative solutions to help people with learning, communication, and access difficulties lead more independent and productive lives. Click on the links below to find a wealth of information about our latest assistive technology products.

<http://www.assistivetech.com>

Homemods

Videos on home modifications, articles, on-line courses.

<http://www.homemods.org>

Life at Home

Home modifications that make living at home easier. Includes an on-line bookstore, articles, resources.

<http://www.lifehome.com>

Caregivers World

Home care product solutions for those seniors who are coping with daily living challenges or who may be ill at home or residing in long term care facilities.

<http://www.caregiversworld.com>

Assisted Living Store

<http://www.assistedlivingstore.com>

Ageless Design

Ageless Design, Inc., a consulting, education and information company, is a breakthrough in the way adult living environments are conceived, designed and modified. What makes Ageless Design unique is that we study seniors and the age-related conditions they experience.

<http://www.agelessdesign.com>

Cancer

Strength For Caring

Education for Family Cancer Caregivers.

<http://www.strengthforcaring.com>

National Coalition for Cancer Survivorship

Cancer survival toolbox, resources on cancer, webcasts on cancer topics.

<http://www.cansearch.org>

Carers Victoria

Carers provide unpaid care and support to family members or friends who have a chronic or acute condition, mental illness, disability, or who are frail aged.

<http://www.carersvic.org.au>

The Rosalynn Carter Institute for Human Development

Promoting the mental health and well-being of individuals, families, and professional caregivers.

<http://www.rosalynncarter.org>

Caregiver Education

Caregiver Information

Information about Stroke, Brain Injury, Alzheimer's, Adapted Leisure, Relaxation.

<http://www.caregiver-information.com>

Hebrew Rehabilitation Center

Training professionals to care for the increasing number of elderly is a top priority at the Center. Hebrew Rehabilitation Center for Aged provides unique opportunities for physicians, nurses and other caregivers to master geriatric physical exam techniques, cognitive and functional assessments, principles of team management and administration, and cost-effective chronic disease management.

<http://www.hebrewrehab.org>

The Growth House

Growth House, Inc., provides this award-winning portal as your international gateway to resources for life-threatening illness and end of life care. Our primary mission is to improve the quality of compassionate care for people who are dying through public education and global professional collaboration.

<http://www.growthhouse.org>

Legacy Caregiver Services

Providing care for a family member or friend can be both rewarding and challenging. Legacy Caregiver Service's motto is "Helping Families Help Themselves." Friendly, knowledgeable staff are available by telephone or in person to answer your questions and provide you with helpful resources.

<http://www.legacyhealth.org/healthcare/caregiver>

Get Care

This site is designed to help you learn about the full spectrum of services available to help older and disabled Americans live as independently as possible, with the dignity they deserve.

<http://www.getcare.com>

Connie Goldman Productions

Connie Goldman Productions, is a non-profit company that develops materials to encourage us to look at what we gain in aging, not only what we lose.

<http://www.congoldman.org>

Home Care Companion

Providing caregivers with the tools, skills, and knowledge they need to fulfill their caregiving role.

<http://www.homecarecompanion.com>

Caregiving

Family Caregiving Alliance

On-line discussion and support groups, fact sheets.

<http://www.caregiver.org>

American Society on Aging

Welcome to ASA, a nonprofit organization committed to enhancing the knowledge and skills of those working with older adults and their families. Explore our publications and resources, our educational programs and diversity initiatives, and share knowledge with the largest network of professionals in the field of aging.

<http://www.asaging.org>

CareGuide

Care for the Caregiver, care at home, care alternatives, legal and financial.

<http://www.careguide.com>

National Organization for Empowering Caregivers

<http://www.care-givers.com>

Self Care Connection

What you may be forgetting is that you have to take care of you in order to take care of anyone else. When you get worn down and exhaustion sets in, every part of your being suffers - and that means the person you're caring for suffers, too. For family caregivers, self-care is a must!

<http://www.selfcareconnection.com>

Accent Care Direct

Getting your house in order, caregiving and caregivers, care planning, health, fitness and nutrition.

<http://www.accentcare.com>

Care Pathways

Care Pathways is an Internet community created and maintained by Registered Nurses (RNs), dedicated to providing seniors and their families access to quality information and creditable services.

<http://www.carepathways.com>

The Center for Family Caregiver's

The Center for Family Caregivers, a non-profit organization, is dedicated to providing support and educational materials to these family caregivers.

<http://www.familycaregivers.org>

Seniors Wellness

You are invited to read about topics, such as aging; health and lifestyle issues; prevention and care; caring for grandparents; assisted living and long term care; living longer and better; death and dying; elder abuse and neglect; retirement; and fitness, nutrition, sleep and exercise.

<http://www.seniorswellness.com>

Age Net Elder Network

Solutions for Better Aging and Caregiver Support.

<http://www.agenet.com>

Caregiver Information

A guide to general caregiving information including medication guidelines, bowel and bladder, nutrition, skin and mouth care, fever, environmental concerns and infection control as well as finding/hiring help.

<http://www.caregiver-information.com>

ElderCare Online

ElderCare Online is a beacon for people caring for aging loved ones. Whether you are caring for a spouse, parent, relative or neighbor, we are committed to providing an online community where supportive peers and professionals help you improve quality of life for yourself and your elder.

<http://www.ec-online.net>

Extended Care

For seniors, those who care about them, hospitals, and extended-care providers - extendedcare.com is a trusted resource.

<http://www.extendedcare.com>

How to Care

How to Care is here to help you manage the realities of caring for others and yourself by supplying practical, portable information on the issues we know you will confront.

<http://www.howtocare.com>

Living Strategies

Living Strategies provides assistance and support to those dealing with the aging of their parents and family members.

<http://www.livingstrategies.com>

Christian/Clergy

Stephen Ministries

Christian Caregiver Training, on-line stores, ministry resources.

<http://www.stephenministries.org>

Rest Ministries

Serving people with Chronic Health, on-line support groups, newsletters, on-line resources.

<http://www.restministries.org>

Christian Caregivers

Join us as we experience, learn, and share the concerns of caregivers from a Christian perspective.

<http://www.christiancaregivers.com>

Elder Abuse

National Center on Elder Abuse

Need to know what elder abuse is, how it can be addressed, how often it happens and to whom, and what the major causes are?

<http://www.elderabusecenter.org>

Elder Locator

North Dakota Senior Info-Line

Your one-stop connection to information about services that enhance independence, assure quality of life, and meet the unique needs of seniors and people with disabilities living in North Dakota and other states.

<http://www.ndseniorinfo.com>

American Association of Homes and Services for the Aging

Tips on choosing facilities and services, information on types of care and other resources.

<http://www.aahsa.org>

Eldercare

We locate, arrange, and monitor housing needs and arrange for health care assistants for older family members without the family member having to take time away from work and family.

<http://www.e-eldercare.com>

Employed Caregiver

Family Care America

Working with corporate and community partners and employers nationwide, we help family caregivers help themselves and the ones they love.

<http://www.familycareamerica.com>

The Family and Workplace Connection

Many employers have found that helping employees care for older parents/relatives increases loyalty, reduces absenteeism, and improves morale.

<http://www.familyandworkplace.org>

Family

The Sandwich Generation

Those sandwiched between aging parents who need care and/or help and their own children.

<http://www.sandwichgeneration.com>

Grandparenting

Generations United

Generations United (GU) is the only national organization that focuses solely on promoting intergenerational strategies, programs, and policies.

<http://www.gu.org>

Health Insurance

North Dakota Senior Health Insurance Counseling

The SHIC program provides free and confidential, local, volunteer, peer counselors trained in senior health insurance topics.

<http://www.state.nd.us/ndins//consinfo/counsel.html>

Hospice

Hospice Web

Hospice care is a choice you make to enhance life for a dying person. A person with a terminal disease may choose to die at home with the support of family, friends, and caring professionals.

<http://www.hospiceweb.com>

Hospice Foundation of America

HFA is a nonprofit organization that promotes hospice care and works to educate professionals and the families they serve in issues relating to caregiving, terminal illness, loss and bereavement.

<http://www.hospicefoundation.org>

Legal

Legal Assistance of North Dakota

Welcome to the North Dakota Gateway to Civil Legal Services for Low-Income and Elderly Persons. Civil Legal Services relates to private rights and remedies sought by civil claims as opposed to criminal prosecution or defense.

<http://www.legalassist.org>

Commission on Law and Aging

The ABA Commission on Law and Aging (COLA) is dedicated to examining law and policy issues affecting older persons.

<http://www.abanet.org/elderly>

Aging With Dignity

We provide you with the practical information, advice and legal tools you need to ensure your wishes and those of your loved ones will be respected.

<http://www.agingwithdignity.org>

Partnership for Caring; America's Voice for the Dying

Partnership for Caring operates the only national crisis and information hotline dealing with end-of-life issues and provides state-specific living wills and medical powers of attorney.

<http://www.partnershipforcaring.org>

Nutrition

Nutrition Screening

Determine your Nutritional Health and find healthy tips for nutritional living, how to improve your health.

<http://www.aafp.org/nsi/strong.html>

Food and Nutrition Center

Dietary supplements and guidelines, consumer corner, food stamps.

<http://www.nal.usda.gov/fnic/etext/000002.html>

Senior Nutrition

Elder Nutrition Fact Sheets.

<http://www.ag.uiuc.edu/~vista/foodnutr.html>

Administration on Aging; Nutrition and Food Safety

Government nutrition sights, food safety information, programs, and publications.

<http://www.aoa.gov/naic/Notes/nutrition.html>

Stress and Burnout

4 Therapy Network

“Caregiver stress” is extremely common. The seemingly endless round-the-clock physical and emotional demands of caregiving can end up taking a big toll on both your body and your mind.
<http://www.4therapy.com>

Webcast

Wider Horizons

Caregiving and end of life, creativity and social engagement, live webcasts.
<http://www.widerhorizons.org>

National Coalition for Cancer Survivorship

Cancer survival toolbox, resources on cancer, webcasts on cancer topics.
<http://www.cansearch.org>

Beth Israel Medical Center

Caregiver webcasts, Caregiver Resource Directory.
<http://www.stoppain.org>